



# Feis Ghlaschú 2024

RINCE  
DANCING

REGISTERED WITH AN COIMISIÚN LE RINCÍ GAELACHA

**Friday 1st and Saturday 2nd March  
Chryston High School, Lyndsaybeg Road,  
Chryston, G69 9DL**



# *Adjudicators*

Bernadette Chaney Farrell	ADCRG	Dublin
Caroline Duggan	ADCRG	Mayo
Gerard McQuaid	ADCRG	Monaghan
Orfhlaith Ni Bhriain	ADCRG	Limerick
Tara Doherty	ADCRG	Derry
Colin Ryan	ADCRG	Louth

# *Musicians*

Kevin Murphy	Glasgow
Willie Paterson	Strathaven
Gerry Conlon	Glasgow

---

Please send fees and completed entry forms to:

Brian O'Neill

26 Jedburgh Avenue

Rutherglen

G73 3EW

email:glasgowfeis@hotmail.co.uk

# **Fees**

Solo Dancing	£5.00
Trophy Reel	£6.50
Solo Championships Under 7,8,9	£25.00
Solo Championships/Preliminary Championship Under 10 – Senior	£35.00
Dancer Maximum	£55.00
Ceili Championships (per dancer)	£5.00
Family Maximum	£75.00
Admission	£5.00

## **Preliminary Championships**

The Preliminary Championships will be run in conjunction with the Solo Championships and will be decided by the order of merit of dancers after the first two rounds. Dancers entitled to enter these Preliminary Championships must indicate accordingly on the official entry form and register with stage stewards prior to competing. Special awards will be given to the relevant prize winners. Preliminary dancers are also entitled to be considered for the overall championship. There is no additional fee required as the Championship entry covers both the Open and Preliminary competitions.

**Closing date for entries**  
**Saturday 3<sup>rd</sup> February 2024**

Bank Transfer to  
**Royal Bank of Scotland**  
**Account: 00166375 Sort Code: 83-25-24**

*Age to be taken as at 1<sup>st</sup> January 2024*



## ***Solo Championships***

<b>Under 7</b>	Reel	Single Jig	Double Jig
<b>Under 8</b>	Reel	Heavy Jig	Hornpipe
<b>Under 9</b>	Reel	Heavy Jig or Hornpipe	Traditional Set
<b>Under 10</b>	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
<b>Under 11</b>	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
<b>Under 12</b>	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
<b>Under 13</b>	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
<b>Under 14</b>	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
<b>Under 15</b>	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
<b>Under 16</b>	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
<b>Under 17</b>	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
<b>Under 19</b>	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
<b>Senior</b>	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance

## ***Girls Ceili Championships***

<b>Under 11</b>	One 8 hand dance, part A or B
<b>Under 13</b>	One 8 hand dance, part A or B
<b>Under 16</b>	One 8 hand dance, part A or B
<b>Under 19</b>	One 8 hand dance, part A or B
<b>Senior</b>	One 8 hand dance, part A or B

## ***Mixed Ceili Championships***

<b>Under 13</b>	One 8 hand dance, part A or B One 4 hand dance part A or B
<b>Under 16</b>	One 8 hand dance, part A or B One 4 hand dance part A or B
<b>Senior</b>	One 8 hand dance, part A or B One 4 hand dance part A or B

***Ceili Dances to be taken from An Rinci Ceili***

## **Feis Rules**

1. All rules of An Coimisiún le Rincí Gaelacha are applicable to this feis unless stipulated that an agreed local rule applies.
2. Entries will only be accepted from teachers currently registered with AN COIMISIÚN LE RINCI GAELACHA.
3. All entries must be made on the enclosed official entry form, which must be fully completed and signed by the teacher. Entries will only be accepted from teacher's en-bloc and not on an individual basis. The dancer's **FULL FIRST NAME** and **SURNAME** must be entered in **BLOCK CAPITALS**
4. The Feis committee may modify or cancel any arrangements detailed in this syllabus as is deemed necessary, subject to the approval of The SRC or An Coimisiún le Rincí Gaelacha
5. *The Adjudicator's decisions are final.* Adjudicators **MUST NOT** be approached by any teacher or competitor whilst the adjudicators are employed to carry out their duties at the competition. Only those officiating at the competition may approach the adjudicators on matters relating to the competition.
6. Complaints must be submitted in writing, accompanied with a £50 fee to the Feis Secretary within an hour of the incident. The fee will be returned if the complaint is upheld.
7. All championship trophies are perpetual challenge trophies and must be returned at the request of the Feis committee.
8. Competitors must be present when their competition is called and fully obey all directions from the Feis Stewards and Officials, or they may lose their right to dance
9. Competitors must be in strict numerical order and be in costume and ready to dance, no less than 30 minutes before the scheduled start time of the competition
10. Competitors must use the designated practice areas and not practice in competition halls, corridors or side stage etc. This rule will be strictly enforced. Any dancer found causing damage to floor surfaces out with areas designated as official dance areas will be personally liable for any necessary repairs and associated costs.
11. Toe block or any other footwork, danced "en pointe" whether stationery or moving, is not permitted for those dancers up to and including the under 11 age group.  
\*For Clarification Purposes, this means that if the full weight is put on the foot, that is "en point" and this is not allowed in any movement\* (added 27.01.2019)
12. Tempos for Intermediate and Open competitions and Open Championships will be the same as those stipulated for the World Championships. Beginner and Primary competitions are open to competitors from all regions. Speeds will be in accordance with those stipulated by the Scottish Regional Council. All agreed speeds are outlined below.

	Beg	Primary	Inter	Open
Reel	122/124	116/118	113	113
Single Jig	124	124	124	
Light Jig	116	116	116	
Slip Jig	124	120	113	113
Heavy Jig	96	76	73	73
Hornpipe	144	118	113	113

13. Dancers in Beginner and Primary competitions up to and including Under 12, may only wear class costume, skirt and blouse or appropriate civilian clothing. Low cut tops or short tight skirts are not permitted. Failure to comply with this rule may lead to disqualification from the competition.

14. Make-up Rules (4.5 in CLRG Rule Book) 4.5.1 Make-up will not be permitted for any dancer in the first two grades (Beginner and Primary) up to and including the Under 12 age group worldwide. 4.5.2 Make-up (including false eyelashes) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group. (POINT OF CLARIFICATION) For the purposes of this rule the term "make up" includes tinted moisturiser and any artificial tanning products. An Coimisiún hopes that teachers and parents will interpret and apply this rule in the spirit in which it is intended. Effective March 1st, 2014.
15. The committee are not responsible for any property lost during the Feis and everyone is advised not to leave bags or clothing etc. unattended.
16. Beginners are only permitted to dance steps equivalent to the basic reel, single jig, light jig, slip jig, heavy jig and hornpipe. Any competitor performing steps of a harder degree of difficulty in the beginners' grade may be disqualified from that particular competition.
17. *Beginner* - A dancer winning 1st or 2nd in BEGINNER grade, when there are 6 or more competitors, must dance that particular dance in primary grade (or above) for a period of at least 12 months.
18. *Primary* - A dancer winning 1st in PRIMARY grade, when there are 6 or more competitors, must dance that particular dance in INTERMEDIATE grade (or above) for a period of at least 12 months.
19. *Intermediate* - A dancer winning 1st in INTERMEDIATE grade, when there are 6 or more competitors, must dance that particular dance in OPEN grade for a period of at least 24 months,
20. *Open* - A dancer winning 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> in OPEN grade must dance that particular dance in Open grade for a period of at least 12 months.
21. *Open Championships* - A dancer placed 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> in an OPEN CHAMPIONSHIP must remain OPEN for the dances performed in that championship for a period of at least 12 months.
22. All dancers must be in full costume and appropriate black footwear when receiving any awards otherwise, such awards may be forfeited.
23. THE DRESS CODE IN ACCORDANCE WITH AN COIMISIÚN RULING WILL BE STRICTLY APPLIED, i.e. for the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the Feis scantily dressed.
24. Changing facilities will be provided and must be used. No changing in the halls will be allowed. The use of hairspray will only be permitted in designated changing areas. **No hairspray is to be used in competitions halls or corridors.**
25. **Coaching is strictly prohibited whilst dancers are on stage during any competition, no matter what grade. This rule has specifically been laid down by the SRC. Failure to comply with this could result in disqualification of the dancer.**
26. Any form of unauthorised photography which has the capacity to capture a dancer's image in motion using electrical or manual means e.g. mobile phone, standard camera, video camera, cine recorder, commercial film with or without flash enhancement is strictly forbidden in competition by anyone.
27. **PLEASE NOTE** - Should you wish your child/children to be excluded from being photographed during their performance or throughout the event then this must be notified to the Committee in advance. Updates may be posted on social media throughout the day therefore it is imperative that feis organisers are advised of anyone who is to be omitted
28. The use of mobile phones and electronic games are strictly prohibited in competition halls.
29. The Scottish Regional Council has a zero tolerance policy on the consumption of alcohol in dancing areas at Feisanna. Furthermore the consumption of alcohol in non-licensed premises is a breach of Scottish Law and may be subject to further action by the appropriate authorities

Preliminary competitions are included from Under 10 upwards, provided there are 2 or more eligible competitors and in accordance with Scottish Regional Council rules, to be considered eligible to compete in a Preliminary Championship the following rules apply

- Cannot have been placed in a top three position in an open Championship with up to 20 competitors within the last 12 months
  - Cannot have been placed in a top 5 position in an open Championship with more than 20 competitors within the last 12 months
  - A minimum number of three Adjudicators must officiate, and must have included one light and one heavy dance.
  - Competitors who qualify for and compete in Oireachtas Rince na Cruinne in the previous 12 months cannot compete in a preliminary championship, except where the dancer auto-qualified at their Regional or National Oireachtas due to lack of numbers.
  - The relevant notation must be made on the entry form to indicate that a dancer is entitled to also be entered into the preliminary championship,
- Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
- Where a competitor wins two Preliminary Championships, they must dance in Open Championship for a period of 12 months thereafter. For grading purposes, two wins will be taken as being in any two-year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh. Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
- Dances performed in a Preliminary Championships do not count for grading in solo competitions.
- Where a competitor wins two Preliminary Championships, they must dance in Open Championship for a period of 24 months thereafter. For grading purposes, two wins will be taken as being in any two-year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh. Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 24 months thereafter.
- Dances performed in a Preliminary Championships do not count for grading in solo competitions.

Syllabus approved by SRC feis registrar Liam Casey